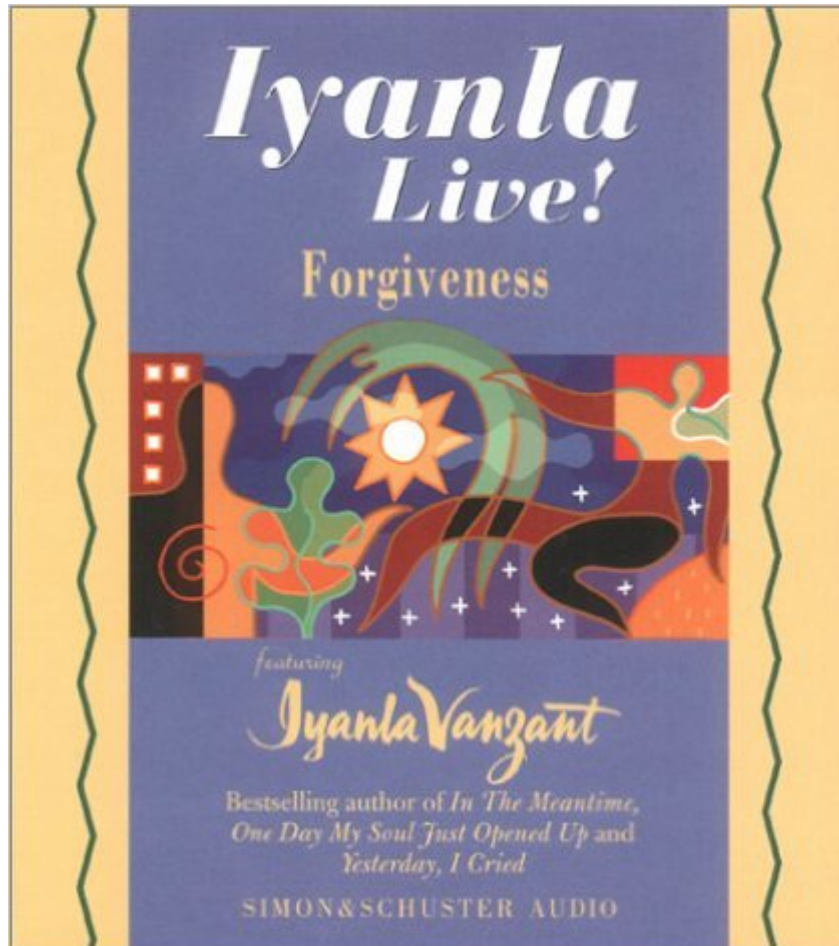


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# Iyanla Live! Forgiveness



## Synopsis

In this live recording Iyanla Vanzant shows us how to make our spirituality functional in our lives through Forgiveness. Iyanla teaches us that in order to forgive, we have to ask ourselves two questions. Who am I, and what do I want to do? It's always easy to focus on what someone did to us because we want to hold onto our anger. We want to stay in pain. Iyanla warns us that too much pain in our lives makes us unconscious. Is what you're holding onto serving you? Is being angry a reflection of who you are? Are you big enough to forgive? Forgive.

## Book Information

Series: Iyanla Live!

Audio CD

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Average Customer Review: 2.0 out of 5 stars [See all reviews](#) (1 customer review)

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## Customer Reviews

I thought I was getting the book. Did not read the description properly. Disappointed. My mistake. Can no longer find the book on audio CD. Very very disheartening. This live recording was not helpful to me at all. Much too simple. Is nothing like the book.

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